

EXTRA CURRICULAR P.E. PROGRAMME
(1st half Spring Term 2016)

	ACTIVITIES	WHO IT'S FOR	VENUE	STAFF
MON 2.50 – 3.50 P.M.	Indoor Cricket	Year 7-9 mixed	Sports Hall	Trent Bridge Cricket Coach
	Dodgeball	Years 7-9 mixed	Gym	Mr Lowman
	Level 2 sports leaders	Year 10 mixed	Gym/H4	Mrs McCabe
TUES 2.50 – 3.50 P.M.	Multi Sports	Year 7-9 Mixed	Sports Hall/Pitch	Positive Futures
	Table Tennis	Years 7/8 Mixed	Gym	Nottm Forest Coaches/Mr Lowman
	Distance Running (permission letter needed from SHA/HOL)	All years mixed	Off site	Mr Sharkey/Miss Holt
	GCSE Dance Intervention	Year 11 GCSE Dancers	Dance Room	Miss Woolridge
	Btec PE Intervention	Yr11 Btec PE Group	Library	Mr Lowman/Mrs McCabe
WED 2.50 – 3.50 P.M.	GCSE Dance Intervention	Year 11 GCSE Dancers	Dance room	Miss Woolridge
THURS 2.50 – 3.50 P.M	Multi Sports	Year 7-9 Mixed	Gym	Positive Futures
	Netball	Years 7-13 Girls	Sports Hall	Nottm Forrest Coaches
FRI 2.50-3.50 P.M.	Fitness	Years 11/12/13 mixed	Fitness Suite	Mrs McCabe

Please meet P.E. staff at your venue and remember to bring your kit! We look forward to seeing as many of you as possible. All activities will finish in time for the late bus to Cotgrave.

Mrs McCabe